



**THE IPSWICH MEN'S SHED INC**

<b>Location:</b> 3A Mining Street Bundamba Q 4304 Phone The Shed 07 3436 5857 Or Mobile 0455924784	<b>Postal Address:</b> 3A Mining street Bundamba 4304 <a href="mailto:ipswichmensshed@hotmail.com">ipswichmensshed@hotmail.com</a> <a href="http://web:ipswichmensshed.org.au">web : ipswichmensshed.org.au</a>
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**“Shoulder to Shoulder”-**

**President:** Terry Carter **Vice President:** Laurie Caldwell

**Junior Vice President** Dennis Sinnott

**Secretary:** Brian Parker **Treasurer** Ian Weier

**Registrar:** Ted Wedmaier: **Executive Officer Electrical:** Darryl Edwards:

**Fund Raising/Purchasing** Bob Lewitz;

**Committee:** John Humphries;; Ron Bopf; Ian Ross; Roger Overell;

**Patron:** Kylie Stonemen ; Bob Edyvean **Future Development**

Membership fees \$35 for 1 year – daily fees \$2 plus \$3.00 lunch

**Open Tuesday, Thursday 9am-3pm – Saturday 9am-2pm**

**August 2016**

**PRESIDENT'S REPORT**

Thank you to Laurie and his team for their Shed involvement during my interstate holiday. It was much appreciated. The month of July was again busy and productive. The new Committee settled in and saw improvements in layout, training and fellowship.

This month we intend to continue training, complete the asset register and arrange the processes for sale and the disposal of unwanted equipment.

The new concrete/ covered area has been approved and will commence asap.

The TV recently donated to the Ipswich Hospital was much appreciated and thanks to Dennis for arranging this. ICC Cr Kylie Stoneman has been asked to be our Patron and we look forward to working closely with her for our mutual benefit.

BBQ Bob will commence a Coles BBQ in Ipswich starting Sept 1<sup>st</sup> on a Sunday morning and will look for assistance. A BBQ at Bunning's will be on Saturday, 27<sup>th</sup> August.

We send our best wishes to Graham Curnow as he struggles with some health issues. We have new nicknames for Ron Bobf (Stumpy) after his recent duel with the saw stop and John Borg (splinter) as he had a splinter go right through his finger on Tuesday. Jeff Edwards has suggested that yellow painted areas be put on dangerous machines and we will undertake asap.

Mayor Paul Pisasale and his Rotary Club will visit us on Wednesday, 12<sup>th</sup> October for a breakfast Rotary Meeting.

We intend to sell items which we make through E-Bay, as well as at a table at the Salvos store soon!

Recent Sad news was the death of our sign writer Keith Atwell - RIP Keith

**Let us continue the fun at the shed and all enjoy our time!**

Terry

## Meet Laurie Caldwell:



Born in New Zealand, the second eldest of a family which would eventually grow to 6 children in number, Laurie cannot lay claim to having had a very happy childhood.

Covered with debilitating eczema, having white skin that burned in the sun, peeled and then burned again without tanning and with a stutter so severe that stringing more than 2 or 3 words together at a time was an impossible task, he was limited to having one true male friend and little to no contact with girls (other than sisters) in those early days of growing up.

Despite being pretty much a loner, Laurie managed to survive High School and through extensive medical intervention and intensive speech therapy he gradually began to get both the eczema and the stuttering under control, so much so that, to the surprise of everyone (including himself), he was accepted into the New Zealand Police as a cadet in 1970.

After 19 months of long, hard training he stepped out as a constable and was soon embroiled in the Great Ngaruawahia Music Festival of 1973 – in the midst of the hippie era when drugs flourished and the police were powerless to prevent them. And where Laurie looked on contently at the endless parade of beautiful naked women who gyrated to music and played in the muddy patch that the site became after constant rain. Oh happy days of Aquarius and free love – thank you! Some memories last forever.

Laurie was also present at the Christchurch Commonwealth Games in 1974, but his main role in the police was as a police photographer which involved him having to attend many hundreds of deaths over a period of time. He comments that there is probably not a way of dying that he hasn't seen a body for. Luckily he was strong enough to survive the memories that such prolonged exposure to death brings, but by 1979 after marrying and having two sons Nicholas and Aaron, the novelty of being a policeman had worn off and Laurie packed up the family and moved to Sydney to begin anew.

Things were tougher there than expected and to remain solvent Laurie worked in a hide store off-loading truckloads of filthy, burr-laden, poison drenched sheepskins, kangaroo hides and rabbit skins, hour after mind-numbing hour during the day; then (after two or three showers to try and smother the stench), toiling into the early hours of the morning collecting glasses and abuse from drunks in a local hotel.

Thankfully some months later, he managed to secure a position as a storeman and forklift driver in the Sydney Meadow-Lea margarine factory where he remained (earning nearly twice as much from the one job as he previously had from 2 jobs), until the collapse of his marriage, and with his bank account cleared out and massive debts having been incurred in his name, he eventually returned to New Zealand, broke and disillusioned in 1982.

Picking himself up to start again, Laurie first worked at a factory making concrete blocks and stepping stones, before travelling to the other side of New Zealand to work in an apple orchard. At the end of the apple season he moved to Wellington where, for a time he achieved stability through a second marriage (de-facto) and solid employment; first as a security guard at the National Museum and Art Gallery and later as a Security Officer for the New Zealand Armed Services.

With the breakdown of his second marriage and finding the Armed Services National Headquarters fairly mundane to work in, Laurie sought and achieved an official transfer to the Davenport Naval Base in Auckland, the city which was to become his home for the next year or two.

During his time there Laurie attended night classes in an acting school and was teamed in a play to act in the role of the husband of the woman who would eventually become his future bride in real life.

Now onto his third marriage and with a restless spirit, Laurie again took a punt on Australia and moved back. This time to Queensland where, for a time he became a groundsman in the setting up of the prestigious Robina Woods Golf Course, before working as a hoist driver, scaffolder, general hand and ramset operator on high rise buildings on the Gold Coast. Unfortunately around 1989 the building industry suffered a down-turn and along with others, Laurie was laid off as sites ground to a halt and were abandoned for the foreseeable future.

It was then that he tried taxi driving on the Gold Coast, but the effort and hours of driving - necessary to achieve a return of little more than the dole - was depressing and draining. A career change was desperately sought and despite a limited number of jobs being available at that time, he was successful in gaining employment with Queensland Corrective Services as a prison officer.

After a move from the Gold Coast – first to Browns Plains and later to Collingwood Park and then to Redbank - Laurie somewhat surprisingly managed to stay married to the same woman (third time lucky)? and even more surprisingly embraced his job, where for the next 25 years he worked with mainstream male prisoners, youthful offenders, protection prisoners and finally with female prisoners.

This type of work really suited Laurie and over the years he was appointed as a supervisor and also regularly undertook reliefs in management positions until his presence in the prison was no longer as welcome as it had previously been and he took enforced early retirement in 2015.

The prisons loss was the Ipswich Men's Sheds gain as Laurie embraced the unity, friendship and enjoyment of the men's shed and vowed to give back to the shed as much, if not more, than he had gained from it. Thus in 2016, he put his hand up for the position of Vice President and was accepted into it in July

But his life was not all about work and the Men's Shed. Over the years Laurie has gained two Diploma's and an Associate Diploma in studies. He has had written work published in magazines and has travelled in Asia, Europe, the USA, Canada, Finland and Hawaii. His downtime is spent working on computers and enjoying the lifestyle of the over 50's resort where he lives.

*(To all those who supported me in my quest to become Vice President of the Ipswich Men's Shed –A very big thank you and I pledge to do everything I can to ensure your faith in me is justified. LC).*

### **BRIAN PARKER'S WHIMSICAL WORDS OF WISDOM:**

- If stress is getting a bit too much, hurl an unzipped beanbag into the ceiling fan.
- Repetitive activities can calm those nerves. Try picking up thousands of beanbag balls that somehow got everywhere.
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## EASY ANYTIME EGGS:



### Ingredients:

1 tbsp olive oil                      2 spring onions  
2-3 cooked potatoes - sliced   1 egg  
Handful cherry tomatoes, sliced  
few basil leaves

### Method

Heat the oil in a frying pan, then add the potato slices and fry on both sides until brown. Add the tomatoes and spring onions and fry for about 1 min until softened. Season with salt and pepper, then make a space in the pan. Gently break the egg into the space and

fry until cooked to your liking. Scatter over the basil leaves and serve.

## PC TIPS

Whether you are new to computers, or are just seeking to refresh your knowledge, one excellent way of doing so is by using self-paced training – either at home or on the computers at the Men’s Shed.

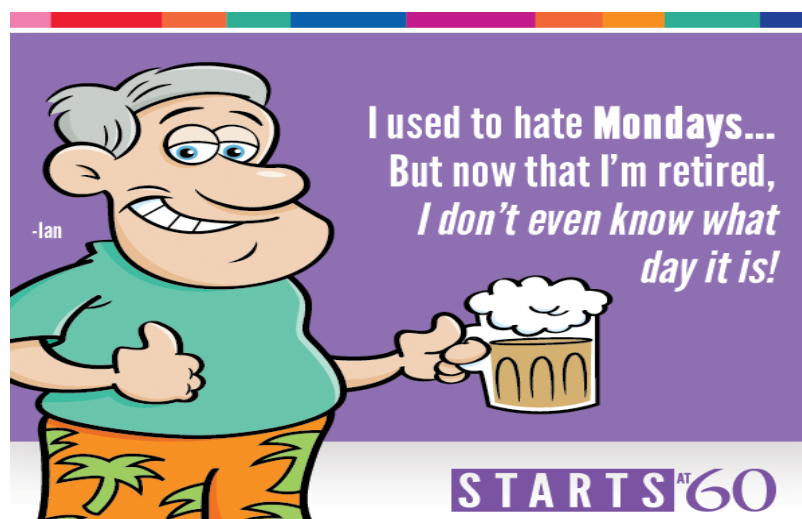
Go to [www.bfseniors.com.au](http://www.bfseniors.com.au). Hover your mouse over the “For Seniors” button and then slide the arrow down to “On-line Tutorials”

Once on the site you will need to register a user name and password and this will allow you to track your progress and to return to the tutorial page each time you re-log on.

The site has many tutorials from the very basic through to the more intensive. Work through at your own pace and see how quickly you begin to pick it up.

Don’t forget however – if you have questions, need extra training or assistance, or are just generally unsure – see Roger Overell, Laurie Caldwell, Kevin Wilkinson or Allan Steele for guidance.

Good luck with developing your computer skills.



**BUNNINGS SNAGS – BETTER THAN HEROIN**

# BEFORE AND AFTER...



**COCAINE**



**ALCOHOL**



**CRACK**



**A BUNNING'S SNAG**

## PROSTATE CANCER STATISTICS IN AUSTRALIA:

Estimated\* number of new cases of prostate cancer diagnosed in 2016

**18,138 males**

Estimated % of all new male cancer cases diagnosed in 2016

**25.2%**

Estimated number of deaths from prostate cancer in 2016

**3,398 males**

Estimated % of all male deaths from cancer in 2016

**12.8%**

Chance of surviving at least 5 years (2008–2012)

**94%**

Males living with prostate cancer at the end of 2010 (diagnosed in the 5 year period 2006 to 2010)

**89,841** It all seems so obvious – If in doubt go to your doctor – have it checked it out. Don't neglect your health!

## KIWI:

Thank you Ted for this oldie but a goodie

An Australian ventriloquist visiting New Zealand walks into a small village and sees a local sitting on his porch patting his dog.

He figures he'll have a little fun, so he says to the Kiwi:

"G'day, mind if I talk to your dog?"

Villager: "The dog doesn't talk, you stupid Aussie."

Ventriloquist: "Hello dog, how's it going mate?"

Dog: "Yeah, doin' all right."

Kiwi: (look of extreme shock)

Ventriloquist: "Is this villager your owner?" (pointing at the villager)

Dog: "Yep"

Ventriloquist: "How does he treat you?"

Dog: "Yeah, real good. He walks me twice a day, feeds me great food and takes me to the lake once a week to play."

Kiwi: (look of utter disbelief)

Ventriloquist: "Mind if I talk to your horse?"

Kiwi: "Uh, the horse doesn't talk either....I think."

Ventriloquist: "Hey horse, how's it going?"

Horse: "Cool"

Kiwi: (absolutely dumbfounded)

Ventriloquist: "Is this your owner?" (Pointing at the villager)

Horse: "Yep"

Ventriloquist: How does he treat you?

Horse: "Pretty good, thanks for asking. He rides me regularly, brushes me down often and keeps me in the barn to protect me from the elements."

Kiwi: (total look of amazement)

Ventriloquist: "Mind if I talk to your sheep?"

Kiwi: (in a panic) "Don't believe a word he says, that sheep's a bloody liar"

## HELPFUL HINTS:

- Place a wooden spoon across a boiling pot of water to keep it from boiling over.
- After boiling pasta or potatoes, cool the water and use it to water your house plants. The water contains nutrients that your plants will love.
- The substance in onion that causes your eyes to water is located in the root cluster of the onion. Cut this part out in a cone shape, with the largest part of the cone around the exterior root section.
- A cotton ball soaked in white vinegar and applied to a fresh bruise will reduce the darkness of the bruise and help it disappear sooner.

## BIRDSVILLE RACES

Shed Member Ron Banks advises that he will be travelling by 4 wheel drive vehicle from Ipswich through to the Birdsville Races which take place on the weekend of the 2<sup>nd</sup> and 3<sup>rd</sup> of September this year.

Ron asks if there are any shed members who may wish to join him on a convoy journey to the races, that they contact him to register their interest and to gain details.

He will be leaving on, or about, the Monday prior to the weekend. After the races Ron will be travelling onto Alice Springs and convoy members can either continue there with him, or if they can choose to return to Ipswich at the conclusion of the race event.

Please see Ron for details.



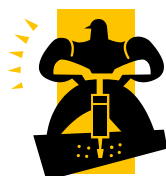
Workers recently



Ted does his magic!



Ken caught out in the Lathe area!





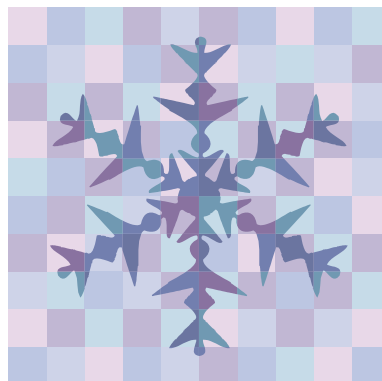
## Shed Winter Woollies (+logo)

Fleecy vest	\$30
Fleecy jumper with ½ zip	\$35
Fleecy jumper full zip	\$40
Shed badge	\$5
Shed shirt (no pocket)	\$35
<u>Shed shirt (with pocket)</u>	<u>\$40</u>

Order through Bob Lewitz or Laurie Caldwell  
(Cash with order)

Ipswich Embroidery 3281 7551 - Glenda  
Email [shop@ipswichembroidery.com.au](mailto:shop@ipswichembroidery.com.au)

Leather work commences soon!!!







John, Bob and Ian discuss a project!



Greg demonstrates the Milling Machine



Neville and Kevin hard at work!

*“Volunteers don't get paid  
Not because they're Worthless  
But because they're are Priceless”*



*KEVINS Dream Kitchen!*



*Critters are getting worse at the shed!*



*Latest project and Ross's new invention*



*IAN REPORTED THAT HE ATTENDED THE CEREMONY BY THE RSL RECENTLY WHERE HIS 500 CROSSES WERE USED TO REPRESENT SOLDIERS LOST DURING THE WARS*



Ron Banks reported that The Boonah Community Garden project thanked the Ipswich Men's Shed for their assistance in making the gate base.



## General Safety Rules

- Yellow lines define machine work areas and walkways
- Walkways to be left clear at ALL times
- Do NOT enter machine area unless invited to help
- One machine = one operator – unless being trained
- NO temporary benches within designated machine area
- Work benches to be left clean and uncluttered at end of each day so other members can access work bench on next shed day
- Engineering shop requires footwear with leather uppers
- Earplugs and safety glasses available at entrance to Shop 3
- BE PREPARED for possible sparks and welding flashes when entering engineering shop
- Anti-flash screens to be positioned BEFORE welding and grinding takes place



**A new pricing policy is being formulated to avoid conflict!**