



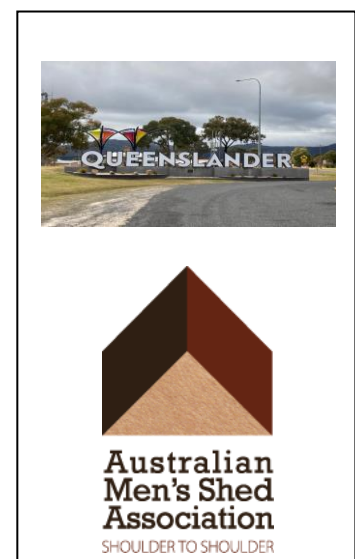
THE IPSWICH MEN'S SHED INC

Location: 3A Mining Street Bundamba Q 4304 Phone The Shed 07 3436 5857	Postal Address: 3A Mining Street Bundamba Q4304 ipswichmensshed@hotmail.com <u>web</u> : ipswichmensshed.org.au
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"SHOULDER TO SHOULDER"

- President:** Brian Oberholster
Vice-President: John Humphreys
Junior Vice President: Rob Crepin
Secretary: Brian Parker
Treasurer: Bill Fisher
Registrar: David Le-Good
BBQ: Tom Parker
Committee: Trevor Dickson; David Winnington; Ian Ross.
Henry Pryor; John Kenneally
Patron: Lance McCallum MP (Member for Bundamba)

Membership fees \$10 Joining Fee + \$35 for 1 year
daily fees \$3 plus + \$5.00 lunch



Being a member of a Men's Shed offers a range of benefits that go beyond just woodworking or tinkering. Here are some highlights:

- **Social Connection:** Men's Sheds provide a welcoming space where members can connect with others, share stories, and build friendships. It's a great way to combat loneliness and isolation.
- **Skill Sharing:** Members often learn new skills or teach others, whether it's carpentry, mechanics, or even cooking. It's a space for lifelong learning.
- **Mental Wellbeing:** The camaraderie and sense of purpose found in Men's Sheds can significantly boost mental health. Many members find joy in simply having a chat over a cup of tea.
- **Community Contribution:** Sheds often engage in community projects, giving members a sense of pride and purpose by contributing to local initiatives.
- **Physical Health:** Some Sheds invite health professionals to discuss men's health issues, encouraging members to take proactive steps for their wellbeing.

It's a fantastic initiative that supports men in finding joy, purpose, and connection.



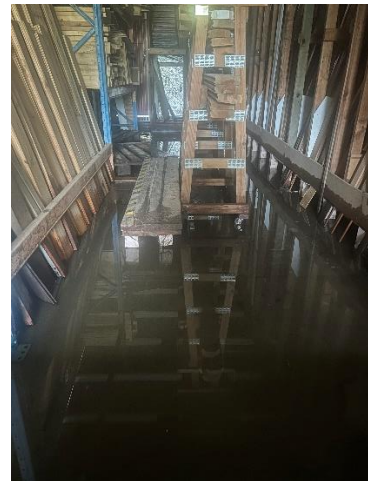
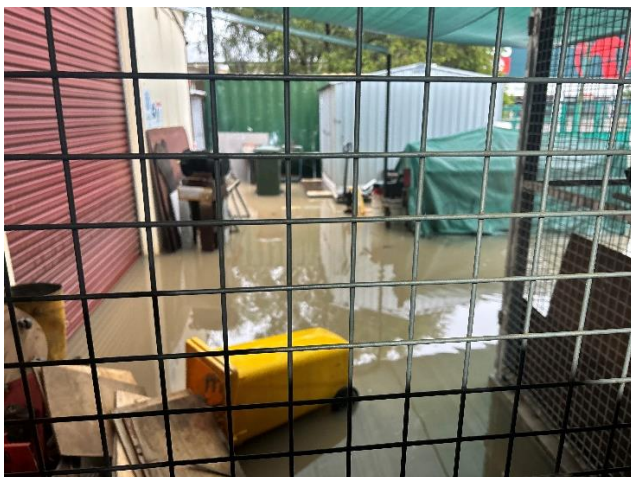
Street Library



Lunch



Flood March 2025



Prediction of Flood

The BOM says large bursts of rain and severe thunderstorms still pose a danger as ex-Tropical Cyclone Alfred moves through parts of Queensland and northern New South Wales.

Emergency flood alerts have been issued, and more than 200,000 homes and businesses are still without power.

Thanks Bill - our Forklift man!



Thanks to our new Forklift and John's driving, we were able to lift much of our Machinery!



Rob's photo from Bundamba Railway Station



THANKS TO OUR MAYOR AND MP ANN LEAHY
FOR YOUR SUPPORT



Working together!



Shayne Neumann MP Federal Member provided a much-enjoyed morning tea



TAKING A BREAK!



**THANKS TO OUR GENEROUS IPSWICH RESIDENTS
FOR DONATIONS TO THE SHED**



ALL OUR DONATED BEE BOXES SOLD!



The Bundamba ANZAC Day commemorations in 2025 will include a Dawn Service and March starting at 4:15 AM, followed by a "Gun Fire" breakfast at The Salvation Army Bundamba Youth & Community Hall. The Main Service and March will commence at 9:00 AM, with refreshments and ANZAC biscuits available afterward. The Bundamba Memorial Park will host these events, offering a meaningful way to honour the sacrifices of Australian and New Zealand servicemen and women.

Are you planning to attend? It sounds like a deeply moving experience.

04:15	Bundamba Dawn Service March.
04:25	Bundamba Dawn Service.
04:30	Ebbw Vale Dawn Service. (Bugler Only)
06:30	Ipswich Five Ways (helping Ipswich Corps)
07:30	Ipswich Railway Workshops (helping Ipswich Corps)
09:00	Ebbw Vale Service. (Bugler Only)
09:00	Bundamba Main Service March.
09:15	Bundamba Main Service.
10:40	Ipswich Main Service March.



Shedder's - can we help?



SAFETY STARTS WITH YOU!



**PATRON LANCE McCALLUM MP
CALLED IN WITH SNACKS DURING THE FLOOD
RECOVERY - MANY THANKS**

GARAGE SALE 10TH MAY 2025



Men's Sheds across Australia have found great success in hosting garage sales as part of the Garage Sale Trail. These events not only help raise funds for the Sheds but also serve as an opportunity to recruit new members, declutter, and raise awareness about the valuable services they provide to the community.

For example, in 2024, participating Men's Sheds raised an average of \$1,500 through these sales. They sold second hand and handcrafted items, organized sausage sizzles, and even hosted Christmas clearances. It's a fantastic way for Sheds to connect with their local communities while supporting their operations.



AN HISTORIC PHOTO



Back in action after the flood scare!
(staff to be added!)

Members might leave a Men's Shed for a variety of personal or situational reasons. Here are a few common ones:

It's worth noting that Men's Sheds work hard to foster a welcoming and inclusive environment, which helps retain members and address concerns where possible. If you're considering joining, most groups are very open to feedback and would strive to make the experience as rewarding as possible for everyone!

1. Health or Mobility Issues: As the sheds often involve physical activities, some members may find it challenging to continue participating as they age or face health difficulties.

2. Time Commitments: Life circumstances, such as family responsibilities, new jobs, or moving to a different area, might make it hard for members to stay involved.

3. Interpersonal Dynamics: Occasionally, members might feel that the group's dynamics or focus no longer align with their interests or expectations.

4. Completed Goals: Some people join for specific reasons, like learning a skill or completing a project, and may move on once they've achieved their goals.

5. Lack of Engagement: If a member doesn't feel fully connected to the activities or the group, they might drift away.





Rob on the cards!

1. Why did the carpenter refuse to play cards at the Men's Shed?

Because he was worried about getting nailed!

2. Why do Men's Sheds make great bands?

Because they always nail the beat!

3. What do you call a group of guys building shelves together?

A plank of geniuses!

4. Why don't Men's Shed members ever play hide-and-seek?

Because good tools are hard to find!



Welcome back President Brian - South African holiday

- Best wishes to
- Mal undergoing treatment
 - Margaret Pearce, home from hospital
 - Welcome back John Christopher
 - All who are unwell currently!



Happy 80th Roger



Russell from The Lutheran Men's Shed
with their wonderful Bereavement gift boxes. Made with love!

Recently I met a young man who was in a wheelchair. He had had a dirt bike accident 12 years earlier and broke his back, leaving him as a paraplegic. He was getting into his Ute and slid his legs in, then sat up in the car and proceeded to take the wheels off his chair and lift the parts into his Ute. He is married with a son, and works full-time in a parts distribution centre. In his spare time, he is restoring two cars and maintaining a drift car with hand controls so he can pursue his dream. What an inspiration to me and all who know him.

What an incredible story of resilience and determination. That young man is truly an inspiration, showing how far sheer willpower and passion can take someone, even in the face of such adversity. His ability to juggle a family, full-time work, and still pour his energy into his dreams—building and maintaining drift cars—is beyond impressive.

He's a reminder that life's challenges can be met head-on and that a disability doesn't define one's abilities or ambitions. Stories like his are powerful motivators for everyone, proving that perseverance can lead to a fulfilling and adventurous life. It's people like him who remind us to embrace our passions and tackle obstacles with the same determination.

